HED 366: Human Sexuality

Course Format: Online, Self-Paced

Course Instructors: Esabelle Jowers, Ph.D. and Jill Fielder-Brown, M.Ed. Contact using the Inbox tool in Canvas.

Course Credits: 3

Prerequisites: None

How This Course Works
This course is online and is self-paced. Exams must be taken in-person at an approved testing center. More information about taking exams is available on the University Extension website.

Students have five months from their date of enrollment in which to complete all coursework. While this course is self-paced in terms of when you complete the work and submit assignments, periodic assessments are critical to ensuring that students receive adequate support and are able to achieve the intended learning outcomes. Thus, this course is organized into modules that must be completed in order. Students will only be able to move forward once they have received a grade on all assessments within a given module.

Review the course outline and assignment descriptions carefully. Computer-graded assignments are scored immediately. You can expect to receive feedback on instructor-graded assignments within three business days following submission. This does not include weekends or holidays. Requests for expedited grading will be ignored, so please plan accordingly. During certain times (end of semester, spring break, etc.), instructors may experience higher-than-usual demands on their time and may need additional time for evaluation. Students should reach out to University Extension at uex@austin.utexas.edu with any concerns regarding grading turnaround.

If all other coursework is complete and you have requested the final exam through the course exam manager by your designated completion date, an additional 30 days will be provided for you to study for and take that exam. If the final exam has not been requested by your completion date, you will be dropped from the course.

University Extension strongly advises students to be aware of when they may need a course grade to be recorded on their transcript. It can take up to two weeks after the final exam is complete for a grade to be officially recorded with the Office of the Registrar.
Course Overview
This course provides students with an overview of human sexuality, garnered from scientific research and theory. Students will have the opportunity to analyze and reflect upon their own sexuality as well as to study the many forms of human sexual expression. The primary goals of the course are 1) to increase cognitive competence and understanding of human sexuality concepts based on theory and research, and 2) to promote sexual health, which is the integration of the biological, emotional, intellectual, and social aspects of sexuality, in ways that are positively enriching.

Course Content, Expectations, and Consent
The topic of human sexuality is an important one both from the perspective of a health educator and from an individual perspective as well. Health educators should be familiar with current research, evidence based interventions, and biological, social and psychological theories regarding human sexuality in order to answer questions and address public health issues in an appropriate manner. Additionally, developing the ability to communicate effectively and properly about sensitive topics is an important skill for health educators.

It is important to understand the sensitive nature of the topics covered within this course. Individuals may have varied experiences, and strong feelings and opinions about topics discussed in the text and within the online resources provided. It is expected that each student will be respectful with regards to opinions and language across all messaging for the course, assignments, and exams. Continued participation in the course indicates your willingness to engage in the subject matter, assignments, exams, and anything else related to the course. As a student enrolled in this course, you are providing your consent to all material covered in the course.

Required Materials

Optional: MindTap for Our Sexuality. MindTap provides additional study resources such as videos and flashcards, but is optional for this course.

You are required to purchase the 13th edition of Our Sexuality in one of the following formats.

- Versions without MindTap access:
  - eBook: ISBN 9781305977372
  - Bound Book: ISBN 9781305646520 (rental options may also be available)

- Version including MindTap access:
  - eBook with MindTap: purchase directly from link in course (option to add printed versions available in checkout).

You may choose the format that best meets your needs; however, please be aware that if you later decide to extend your course time, you may also have to pay to extend your textbook access, depending on which version you select.
Course Organization
This course contains 8 lessons organized into 4 learning modules. Each lesson contains a list of learning objectives, an overview, a reading assignment, reading highlights (slides highlighting important concepts from the readings), and additional resources and videos. You must receive a grade on all assignments in a module before the next module will open.

Computer-Graded Assignments
Most lessons contain two computer-graded assignments and two self-assessments (multiple choice, true/false, and matching/labeling questions). Use the self-assessments to gauge your preparation for the computer-graded assignments.

Instructor-Graded Assignments
There is an instructor-graded assignment in every lesson. Each assignment contains essay questions that must be answered from the text. Your answers to essay questions will be evaluated on the basis of accuracy, clarity, and completeness. These questions are designed to evaluate your factual knowledge from the text and other resources.

In contrast, personal reflection/critical thinking exercises are designed to help you sort through your thoughts and feelings about issues related to sexuality. These answers are your opinion and will reflect your thoughts and values. Your responses to these exercises will be evaluated on the clarity of your statements and whether you have fully addressed the question.

Exams
This course has two exams, a midterm and a final. Both exams will consist of multiple-choice, true/false, labeling, and essay questions. The midterm exam will cover modules 1 and 2 (lessons 1–4). The final exam is comprehensive, with a primary focus on the last half of the course. Both exams must be taken in a proctored testing center.

You must pass the final exam to pass the course.

Course Outline

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<thead>
<tr>
<th>Module</th>
<th>Topics</th>
<th>Assessments</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Lesson 1: Perspectives on Sexuality</td>
<td>▪ Computer-Graded Assignment 1</td>
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<tr>
<td></td>
<td></td>
<td>▪ Computer-Graded Assignment 2</td>
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<td></td>
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<td>▪ Instructor-Graded Assignment 3</td>
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<td></td>
<td>Lesson 2: Female and Male Sexual Anatomy and</td>
<td>▪ Computer-Graded Assignment 4</td>
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<td></td>
<td>Physiology</td>
<td>▪ Computer-Graded Assignment 5</td>
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<td>▪ Computer-Graded Assignment 6</td>
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<td>▪ Instructor-Graded Assignment 7</td>
</tr>
</tbody>
</table>
Module | Topics | Assessments
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2 | Lesson 3: Gender Issues and Sexual Arousal and Response | ▪ Computer-Graded Assignment 8  ▪ Computer-Graded Assignment 9  ▪ Instructor-Graded Assignment 10
   | Lesson 4: Love and Communication in Intimate Relationships | ▪ Computer-Graded Assignment 11  ▪ Instructor-Graded Assignment 12
   **MIDTERM EXAM**
3 | Lesson 5: Sexual Orientation and Contraception | ▪ Computer-Graded Assignment 13  ▪ Computer-Graded Assignment 14  ▪ Instructor-Graded Assignment 15
   | Lesson 6: Conceiving Children and Sexuality in Childhood and Adolescence | ▪ Computer-Graded Assignment 16  ▪ Computer-Graded Assignment 17  ▪ Instructor-Graded Assignment 18
4 | Lesson 7: Sexuality and the Adult Years and Sexually Transmitted Infections | ▪ Computer-Graded Assignment 19  ▪ Computer-Graded Assignment 20  ▪ Instructor-Graded Assignment 21
   | Lesson 8: Sexual Coercion and Sex for Sale | ▪ Computer-Graded Assignment 22  ▪ Computer-Graded Assignment 23  ▪ Instructor-Graded Assignment 24
   **FINAL EXAM**

**Grade Calculation**
Your final grade for the course will be calculated as follows:
- 8 Instructor-Graded Assignments  25%
- 16 Computer-Graded Assignments  15%
- Midterm Exam  25%
- Final Exam  35%

You must pass the Final Exam to pass the course. You must also earn an overall passing grade:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>100-93%</td>
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<tr>
<td>B+</td>
<td>89-87%</td>
</tr>
<tr>
<td>C+</td>
<td>79-77%</td>
</tr>
<tr>
<td>D+</td>
<td>69-67%</td>
</tr>
<tr>
<td>F</td>
<td>59-0%</td>
</tr>
<tr>
<td>A-</td>
<td>92-90%</td>
</tr>
<tr>
<td>B</td>
<td>86-83%</td>
</tr>
<tr>
<td>C</td>
<td>76-73%</td>
</tr>
<tr>
<td>D</td>
<td>66-63%</td>
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<tr>
<td>B-</td>
<td>82-80%</td>
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<tr>
<td>C-</td>
<td>72-70%</td>
</tr>
<tr>
<td>D-</td>
<td>62-60%</td>
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**Getting Help**
- Technical Support: uextechsupport@austin.utexas.edu
- For content questions or questions about assignment and grades, use the Inbox tool within Canvas to contact the course instructor.
- For other questions (registration, exam proctoring, transcripts, etc.), contact University Extension.
University Extension Policies
Full University Extension policies for self-paced courses may be found on the University Extension website.

Scholastic Dishonesty
Students in this course are expected to work independently, without direct supervision, and to conduct themselves responsibly in accordance with that freedom. To obtain the greatest benefit from their course work, and for the sake of everyone enrolled in our courses, students must demonstrate the willingness to exercise self-discipline, personal responsibility, and scholastic integrity.

We expect the course work and exams that you submit for course credit to be yours and yours alone. Plagiarism and other forms of scholastic dishonesty are serious academic violations that will not be tolerated. The penalties for scholastic dishonesty include the possibility of failure in the course. Scholastic dishonesty in examinations will automatically result in a grade of F on the exam and an F in the course.

University Extension Contact Information
uex@austin.utexas.edu
512-471-2900