HED 366: Human Sexuality

Course Format: Online, Self-Paced

Course Instructors: Esbelle Jowers, Ph.D. and Jill Fielder-Brown, M.Ed. Contact using the Inbox tool in

Canvas.

Course Credits: 3

Prerequisites: Upper-division standing and at least 45 semester hours of coursework.

How This Course Works

This course is online and is self-paced. Students have five months from their date of enrollment to complete the course. All coursework and proctored exams are submitted or taken online.

While this course is self-paced in terms of when you complete the work and submit assignments, periodic assessments are critical to ensuring that students receive adequate support and are able to achieve the intended learning outcomes. Thus, this course is organized into modules that must be completed in order. Students will only be able to move forward once they have received a grade on all assessments within a given module.

Review the course outline and assignment descriptions carefully. Computer-graded assignments are scored immediately. You can expect to receive feedback on instructor-graded assignments or exams within three business days following submission. This does not include weekends or holidays. Requests for expedited grading are not accommodated, so please plan accordingly. During certain times (end of semester, spring break, etc.), instructors may experience higher-than-usual demands on their time and may need additional time for evaluation. Students should reach out to University Extension at uex@austin.utexas.edu with any concerns regarding grading turnaround.

University Extension strongly advises students to be aware of when they may need a course grade to be recorded on their transcript. It can take up to two weeks after the final exam is complete for a grade to be officially recorded with the Office of the Registrar.

Course Overview

This course provides students with an overview of human sexuality, garnered from scientific research and theory. Students will have the opportunity to analyze and reflect upon their own sexuality as well as to study the many forms of human sexual expression. The primary goals of the course are 1) to increase cognitive competence and understanding of human sexuality concepts based on theory and research, and 2) to promote sexual health, which is the integration of the biological, emotional, intellectual, and social aspects of sexuality, in ways that are positively enriching.

Course Content, Expectations, and Consent

The topic of human sexuality is an important one both from the perspective of a health educator and from an individual perspective as well. Health educators should be familiar with current research, evidence based interventions, and biological, social and psychological theories regarding human sexuality in order to answer questions and address public health issues in an appropriate manner. Additionally, developing the ability to communicate effectively and properly about sensitive topics is an important skill for health educators.

It is important to understand the sensitive nature of the topics covered within this course. Individuals may have varied experiences, and strong feelings and opinions about topics discussed in the text and within the online resources provided. It is expected that each student will be respectful with regards to opinions and language across all messaging for the course, assignments, and exams. Continued participation in the course indicates your willingness to engage in the subject matter, assignments, exams, and anything else related to the course. As a student enrolled in this course, you are providing your consent to all material covered in the course.

Texas Senate Bill 212

Beginning January 1, 2020, Texas Senate Bill 212 requires all employees of Texas universities, including faculty, report any information to the Title IX Office regarding sexual harassment, sexual assault, dating violence and stalking that is disclosed to them. Texas law requires that all employees who witness or receive any information of this type (including, but not limited to, writing assignments, class discussions, or one-on-one conversations) must be reported. If you would like to speak with someone who can provide support or remedies without making an official report to the university, please email advocate@austin.utexas.edu. For more information about reporting options and resources, visit http://www.titleix.utexas.edu/, contact the Title IX Office via email at titleix@austin.utexas.edu, or call 512-471-0419.

Required Materials

Required Text: Crooks and Baur. Our Sexuality, 13th Ed. Cengage Learning, 2017.

Optional: MindTap for *Our Sexuality*. MindTap provides additional study resources such as videos and flashcards, but is optional for this course.

You are required to purchase the 13th edition of *Our Sexuality* in **one** of the following formats.

- Versions without MindTap access:
 - o eBook: ISBN 9781305977372
 - o Bound Book: ISBN 9781305646520 (rental options may also be available)
- Version including MindTap access:
 - o eBook with MindTap: purchase directly from link in course (option to add printed versions available in checkout).

You may choose the format that best meets your needs; however, please be aware that if you later decide to extend your course time, you may also have to pay to extend your textbook access, depending on which version you select.

Course Organization

This course contains 8 lessons organized into 4 learning modules. Each lesson contains a list of learning objectives, an overview, a reading assignment, reading highlights (slides highlighting important concepts from the readings), and additional resources and videos. You must receive a grade on all assignments in a module before the next module will open.

Computer-Graded Assignments

Most lessons contain two computer-graded assignments and two self-assessments (multiple choice, true/false, and matching/labeling questions). Use the self-assessments to gauge your preparation for the computer-graded assignments.

Instructor-Graded Assignments

There is an instructor-graded assignment in every lesson. Each assignment contains essay questions that must be answered from the text. Your answers to essay questions will be evaluated on the basis of accuracy, clarity, and completeness. These questions are designed to evaluate your factual knowledge from the text and other resources.

In contrast, personal reflection/critical thinking exercises are designed to help you sort through your thoughts and feelings about issues related to sexuality. These answers are your opinion and will reflect your thoughts and values. Your responses to these exercises will be evaluated on the clarity of your statements and whether you have fully addressed the question.

Exams

This course has two exams, a midterm and a final. Both exams will consist of multiple-choice, true/false, labeling, and essay questions. The midterm exam will cover modules 1 and 2 (lessons 1–4). The final exam is comprehensive, with a primary focus on the last half of the course.

You must pass the final exam to pass the course.

Course Outline

Module	Topics	Assessments
1	Lesson 1: Perspectives on Sexuality	Computer-Graded Assignment 1
		Computer-Graded Assignment 2
		Instructor-Graded Assignment 3
	Lesson 2: Female and Male Sexual Anatomy and	Computer-Graded Assignment 4
	Physiology	Computer-Graded Assignment 5
		Computer-Graded Assignment 6
		Instructor-Graded Assignment 7
2	Lesson 3: Gender Issues and Sexual Arousal and	■ Computer-Graded Assignment 8
	Response	Computer-Graded Assignment 9
		■ Instructor-Graded Assignment 10
	Lesson 4: Love and Communication in Intimate	■ Computer-Graded Assignment 11
	Relationships	■ Instructor-Graded Assignment 12

Module	Topics	Assessments	
MIDTERM EXAM			
3	Lesson 5: Sexual Orientation and Contraception	 Computer-Graded Assignment 13 Computer-Graded Assignment 14 Instructor-Graded Assignment 15 	
	Lesson 6: Conceiving Children and Sexuality in Childhood and Adolescence	 Computer-Graded Assignment 16 Computer-Graded Assignment 17 Instructor-Graded Assignment 18 	
4	Lesson 7: Sexuality and the Adult Years and Sexually Transmitted Infections	 Computer-Graded Assignment 19 Computer-Graded Assignment 20 Instructor-Graded Assignment 21 	
	Lesson 8: Sexual Coercion and Sex for Sale	 Computer-Graded Assignment 22 Computer-Graded Assignment 23 Instructor-Graded Assignment 24 	
FINAL EXAM			

Grade Calculation

Your final grade for the course will be calculated as follows:

8 Instructor-Graded Assignments 25% 16 Computer-Graded Assignments 15% Midterm Exam 25% Final Exam 35%

You must pass the Final Exam to pass the course. You must also earn an overall passing grade:

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A 100-93% B+ 89-87% C+ 79-77% D+ 69-67% F 59-0%
A- 92-90% B 86-83% C 76-73% D 66-63%
B- 82-80% C- 72-70% D- 62-60%
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Getting Help

- Technical Support: <u>uextechsupport@austin.utexas.edu</u>
- For content questions or questions about assignment and grades, use the Inbox tool within Canvas to contact the course instructor.
- For other questions (registration, transcripts, etc.), contact University Extension.

University Extension Policies

Full University Extension policies for self-paced courses may be found on the University Extension website.

Scholastic Dishonesty

Students in this course are expected to work independently, without direct supervision, and to conduct themselves responsibly in accordance with that freedom. To obtain the greatest benefit from their course work, and for the sake of everyone enrolled in our courses, students must demonstrate the willingness to exercise self-discipline, personal responsibility, and scholastic integrity.

We expect the course work and exams that you submit for course credit to be yours and yours alone. Plagiarism and other forms of scholastic dishonesty are serious academic violations that will not be tolerated. The penalties for scholastic dishonesty include the possibility of failure in the course. Scholastic dishonesty in examinations will automatically result in a grade of *F* on the exam and an *F* in the course.

University Extension Contact Information

uex@austin.utexas.edu 512-471-2900